

# Saint Margaret Mary Parish

*Church Address*  
845 High Street  
Westwood, Ma 02090-0386

*Mailing Address*  
P.O. Box 386  
Westwood, Ma 02090-0386



## **MASS SCHEDULE**

Saturday Evenings: 4:30 P.M.  
Sundays: 8:45 AM, 11:00 AM, 6:00 PM  
Weekdays: Mon., Tues., Thurs., Fri., Sat. 9:00 AM

## **CONFESSIONS**

Saturday 3:45 - 4:15 PM

## **TELEPHONE**

Office 781-326-1071  
Fax No. 781-329-1879

**OFFICE HOURS** - 9:30 AM - 4:30 PM  
Monday—Friday

**Website:** [www.saintmmparish.org](http://www.saintmmparish.org)

**BAPTISMS:** Second Sunday of the month at 1:00 P.M.  
Baptism instruction required. Please contact the rectory for baptismal form.

**PRAYER LINE:** [stmmprayers@yahoo.com](mailto:stmmprayers@yahoo.com)

**NEW PARISHIONERS:** New Parishioners are cordially invited to register as members of our Parish Family.  
Please contact the office.

**PASTOR**-Rev. Christopher J. Coyne  
[c.coyne@saintmmparish.org](mailto:c.coyne@saintmmparish.org)

**DIRECTOR OF RELIGIOUS ED & YOUTH MINISTRY**-  
Karlene Duffy  
[saintmm-reled@comcast.net](mailto:saintmm-reled@comcast.net)

## **PASTORAL ASSOCIATE**

Dorothy Ruggiero  
[d.ruggiero@saintmmparish.org](mailto:d.ruggiero@saintmmparish.org)

**MUSIC DIRECTOR**-Patrick Valentino  
[Patrick.C.Valentino@gmail.com](mailto:Patrick.C.Valentino@gmail.com)

**DEACON**-Joseph E. Holderried

**SECRETARY/PARISH COORDINATOR**-Mary McSoley  
[m.mcsoley@saintmmparish.org](mailto:m.mcsoley@saintmmparish.org)

**MARRIAGES:** Please make arrangements at least six months in advance to allow for adequate preparation.

**“We strive to be a faith filled community living the Gospel of Jesus Christ in the Roman Catholic tradition.  
We are committed to loving God through participation in the sacramental life of the Church.  
We pray and grow together supporting and caring for all.”**

### **“Are you going to eat that?”**

I have some very dear friends from my first assignment - I'll call them Mark and Claire - with whom I still keep in touch. I don't see them very often but when we do get together, it is as if we just saw each other last week. Mark is a very successful businessman who likes to live large, eat and drink heartily, and have as much fun as possible when he is not at work. He is a bit of a daredevil and has often asked me to go sky diving with him or take a ride on the back of his Harley. I always decline as I remember the time he tried to kill me while I was waterskiing behind his boat. Now in fairness, he was trying to get even with me as I had sandbagged him about never having water skied before. I actually had been the head lifeguard at a camp for four summers and used to teach kids how to water ski but I didn't tell him that. Mark wanted me to try skiing and I 'reluctantly' agreed. I got in the water, struggled with the skis, and made sure I fell down the first few times I tried to get up. Once I finally got up, I skied bowlegged, ready to fall, for one loop of the bay and then as we came by the dock, I dropped a ski, and kicked into the slalom toehold. I then started skiing in and out of the wake and doing a few 'minor' turn-ins. That's when Mark hit the gas and proceeded to try and dump me. When that didn't work, he tried to kill me by wrapping the rope around my neck so I dropped the tow line. He then refused to let me back in the boat and made me swim to the beach, a good two hundred yards in that stupid ski vest all the while gunning the boat menacingly as if to run me over. Imagine and me a man of the cloth!

When I see them, it is usually at their house as Mark likes to cook these great meals of steaks or lamb chops on the grill or lobster thermidor or anything else that you can think of that is so good to eat but so bad for your waistline or cholesterol level. He's one of those guys that if he knows early enough ahead of time, he will order the food for the feast from some internet specialty shop or butcher that he saw on the Food Channel as having the best cut of meat or food anywhere in the country. I swear if I asked for Kobe beef from Japan someday he'd probably find a way to get it. There is always lots of beer and good wine and I usually end up staying overnight in the guest room so as to avoid becoming a guest of the state police. Oh, by the way, Mark's wife is lovingly long suffering. I'll say no more.

So imagine my surprise and consternation when I walked in the other day and was met by St. Claire of Perpetual Patience and told that Mark was out "running." "What?" I said, "for public office?" "No," she answered, "Mark's got religion when it comes to fitness." I was stunned. Mark exercising? This was a guy whose idea of full body workout was drinking his scotch while standing up. "Why" I asked Claire, "did he have some kind of health scare or something?" "No, he's fine. He just turned 50 and he thinks he has to get more exercise." As I poured myself a very unhealthy bourbon I said, "Surely this kick doesn't apply to food too?" The look of pity and regret that Claire threw my way confirmed my worst gluttonous fears. Now, Mark is one of those fortunate souls who seem to have the perpetual metabolism of an adolescent boy. I mean the man can eat and drink anything and never put on a spot of weight or raise his cholesterol level beyond numbers that a vegan would be proud of and here he was

wasting this gift from God by exercising! I must have looked crestfallen as Claire quickly said, "That's why we're going out to eat tonight. He can get what he wants and we can get what we want."

As she finished, the back door flew open and Mark appeared in all his heaving, panting glory. I looked at him with astonishment. It was January, it was cold and windy, in the 20s and he was dressed in some running shorts, a t-shirt, and a sweatshirt. That's it. (So much for being on a health kick - we're talking pneumonia possibility here). "Padre," he said, "how you doin'?" "A lot better than you right now." "Whadda ya mean? I haven't felt better in my life. You should try it." Now you have to understand whenever I get the crazy thought in my head that I might go for a 'run,' I go lie down until that thought goes away. Everyone talks about how running is good for you and all that and they even mention this thing called 'runner's euphoria' and such but I believe panting and gasping for breath and 'euphoria' are not synonymous or even temporally contiguous. As Mark reached for a Harry and David pear, I turned to Claire and said, "You wouldn't happen to have any unhealthy cheese and pepperoni around to snack on, would you?" She said, "It's in the fridge just behind Mark's organic carrot sticks from the Napa Valley and his Himalayan spring water." Mark went upstairs to change.

The rest of the night was a hoot as Mark had obviously taken on his new fitness lifestyle with the same fervor as he pursued everything else in life. At the restaurant, Claire and I ordered our drinks and food without any fuss, while he drove the waitstaff to distraction by asking every little detail about every dish that he may or may not eat - "What kind of greens do you use in your salad? Where are they from? Can I just get the fish broiled with only a light spray of oil and no salt and pepper and the veggies on the side with no butter? etc. etc. - and then picking apart our choices as so unhealthy and bad. Neither Claire nor I was really bothered by it as we knew it was just Mark being Mark and he knew that he was only doing what we expected him to do and so forth. Good friends make allowances for personal quirks and idiosyncrasies, probably enjoying each other's company more for them.

Yet, after I saw Mark and Claire, I did start to exercise more and watch what I was eating. I have not taken it as far as he has but he did convince me to make changes. So here's my point: I think we need the 'large' people in our lives - even the fanatics, the extremists, the people who push the envelope in a good way. I am not talking terrorists or people who are unreasonable, but people who by their fervor or by their ability to challenge the status quo call us out of our complacency and move us a little bit more in a good direction. This is especially true in our church. We need the prophets, those men and women who say the things we may not want to hear, who ask tough questions and push for answers or change. While we may not agree with what some may be saying about and within our Catholic faith, we have to at least listen. Who knows, by listening and engaging in dialogue as friends who make allowances out of charity for each other, we may even move our opinions a bit, one way or the other.

Peace

Fr. C.

## St. Margaret Mary Church

### Masses for the Week

<b>Saturday</b>	<b>01/30</b>	<b>4:30 PM</b>	James D. McCormack, Sr.
<b>Sunday</b>	<b>01/31</b>	<b>8:45 AM</b>	For the Parish
<b>Sunday</b>	<b>01/31</b>	<b>11:00 AM</b>	Francis Silvestre
<b>Sunday</b>	<b>01/31</b>	<b>6:00 PM</b>	Ernest Cappuccino
<b>Monday</b>	<b>02/01</b>	<b>9:00 AM</b>	Hailey Carter Gilbert
<b>Tuesday</b>	<b>02/02</b>	<b>9:00 AM</b>	Mass
<b>Thursday</b>	<b>02/04</b>	<b>9:00 AM</b>	Richard and Pauline Maus
<b>Friday</b>	<b>02/05</b>	<b>9:00 AM</b>	Mass
<b>Saturday</b>	<b>02/06</b>	<b>9:00 AM</b>	Mass
<b>Saturday</b>	<b>02/06</b>	<b>4:30 PM</b>	Paul Adams
<b>Sunday</b>	<b>02/07</b>	<b>8:45 AM</b>	For the Parish
<b>Sunday</b>	<b>02/07</b>	<b>11:00 AM</b>	Connie DiIanni
<b>Sunday</b>	<b>02/07</b>	<b>6:00 PM</b>	Mass

Prayers are requested for Theodora Rocheleau who was buried from St. Margaret Mary Church last week, may she rest in peace.

### Hymns for the Weekend of January 30/31

**Gathering:** #306 Let us go to the Altar  
**Responsorial Psalm:** #786 My Soul Thirsts  
**Preparation:** #133 Praise to the Lord  
**Communion:** #337 Ubi Caritas  
**Meditation:** #436 O God You Search Me  
**Closing:** #550 Lead Me Lord

Music for the 6:00 p.m. Mass:

**Gathering:** #14 Gather the People  
**Psalm:** Ps63 My Soul is Thirsting  
**Preparation:** #74 The Lord is My Light  
**Communion:** #48 Open My Eyes  
**Meditation:** #80 Instrumental  
**Closing:** #70 Take the Word of God

Thanks to all who expressed interest in joining our musical ensembles! It is not too late to join if you haven't already, just contact Patrick at [Patrick.C.Valentino@gmail.com](mailto:Patrick.C.Valentino@gmail.com)

### New Parishioners—Welcome to our Parish Family

Marie Broderick  
Fran Burns  
John and Elizabeth Cotter and their children Holli and Lauren  
Tim and Mary Wolfe and their children Tim and Tyler

**First Friday Holy Hour**—The First Friday Eucharistic Adoration will take place, February 5th after the 9:00 a.m. Mass from 9:30 to 10:30 a.m.

## Westwood, MA

### Offertory Collection for the week of January 23/24, \$7341

**Second Collection** — Church in Latin America (CLA). \$2264. Thank You for your generous contribution.

**Grand Annual**—received to date \$131,437.49. If you have not received the mailing, envelopes are available at the doors of the Church. Thank you for your generosity.

**Peter's Pence—Collection for the Holy Father**—the second collection next week supports the Holy Father in providing emergency assistance to suffering people throughout the world. Contributions to this collection is given directly by the Holy Father to individuals who are suffering from immediate emergencies as a result of war, oppression, and natural disasters. For more information go to [www.usccb.org/ppc](http://www.usccb.org/ppc).

### Arise Together in Christ



The Lenten season of the Arise Together in Christ program begins the week of February 14, 2010. The theme for Lent is a New Heart, New Spirit. We welcome back those who participated in the first season of ARISE as well as warmly welcoming new members who wish to join. Last week-end was sign-up weekend however, if you have not already signed-up for the program, please consider joining us this season of Lent. Sign-up cards are available and are due in by February 1st. So, you can fill out a card today and drop it in the collection basket or hand it to the priest or one of the ushers. For further information contact: Ms. Dorothy Ruggiero, Pastoral Associate at 781-326-1071, x 110.

### New Parish Registration

If you are just beginning to worship with us in St. Margaret Mary Parish, WELCOME! We invite you to register as a member of our parish. Kindly complete this information form and drop it in the collection basket or return it to the parish office. Please introduce yourself when you have a chance.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

TELEPHONE \_\_\_\_\_

EMAIL \_\_\_\_\_  
\_\_\_\_\_

## Fourth Sunday in Ordinary Time

**Flowers on the Altar** are a gift from the Cappuccino Family in memory of Ernest Cappuccino.

**Eucharistic Ministers, Lectors, Altar Servers**—The schedule for the period of March 6th through May 30th is being prepared. Please contact Donna Burman at 781-762-4654 or [donna.burman@gmail.com](mailto:donna.burman@gmail.com) with your availability by February 7th.

**Mount Alvernia Winter Open Hours**—Nursery School through Grade 6 will have an open house on February 2, 2010 from 9:00 a.m. to 11:00 a.m. You will be able to visit classrooms, tour the campus, speak with the principal, faculty and current students. For more information, call the Director of Admissions 617-527-7540 or [www.mtalvernia.org](http://www.mtalvernia.org)

**St. Timothy Social Outreach Ministry** is hosting a Blood Drive on Sunday, February 7, 2010 to benefit Children's Hospital. The Children's Bloodmobile will be at St. Timothy Church parking lot from 8:30 a.m. to 1:30 p.m. You can schedule an appointment to donate by calling the Parish Nurse Office 781-769-2522 X34.

**A Retreat for All Young Adults—March 5-7** Join with other young adults in their 20's and 30's for a weekend to open up, rekindle or deepen your relationship with Christ. The retreat will combine Mass and Adoration, inspiring Talks and Witnesses, Personal Prayer and opportunities to meet other young adults. The retreat will be held at the beautiful Daughters of St. Paul Retreat House in Billerica. For more information contact Bernadette Michaud at [Bmich777@hotmail.com](mailto:Bmich777@hotmail.com) or Fr. Michael Harrington at [Mharrington@gmail.com](mailto:Mharrington@gmail.com).

**Living the Journey:  
Spirituality for the Second Half of Life  
Saturday, April 10, 2010  
8:30 a.m. to 4:45 p.m.**

The Boston College Alumni Association invites you to attend this day-long conference featuring Jennie Chin Hanson, president of AARP. This conference focused on life after 40 will include experts from the fields of theology, ministry and health. Conference presenters will identify and examine different spiritual and psychological challenges that women and men encounter as they move into the second half of life and the unique resources faith offers to make this a time of deep purpose. For information on cost and registration contact Jean Chisser at 617-552-1607 [jeanchisser@bc.edu](mailto:jeanchisser@bc.edu) or Camille Fitzpatrick Markey 617-552-4753, [camille.fitzpatrick@bc.edu](mailto:camille.fitzpatrick@bc.edu)

January 30/31, 2010

### Ministers Schedule

**February 6**

**4:30 PM**

**Celebrant** Father Rathschmidt, OFM  
**Lector** Catherine Stickley  
**Eucharistic Minister** Joseph Holderried  
**Principals** Patricia MacDonald,  
Polly Coleman  
**Handicap** Charles Spiegel  
**Altar Server** Joseph and John Reissfelder,

**February 7**

**8:45 AM**

**Celebrant** Father Couturier, OFM  
**Lector** Robert Reissfelder  
**Eucharistic Minister** Mary Hayes  
**Principals** Craig Foscaldo, Isabel Brodsky  
**Altar Server** Lauren and Brian Reissfelder  
**CLOW** Ken Foscaldo, Mary Jo Hood

**February 7**

**11:00 AM**

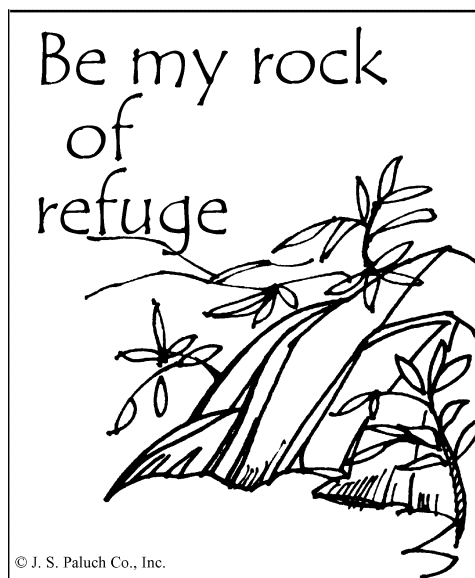
**Celebrant** Father Coyne  
**Lector** Terry Earls  
**Eucharistic Minister** Ann Delaney  
**Principals** Mary Sethna, Reginald Sethna  
**Handicap** Dylan Walsh  
**Altar Server** Cyrus Sethna, Lucy Somers

**February 7**

**6:00 PM**

**Celebrant** Father Coyne  
**Lector** Maura Curran  
**Eucharistic Minister** Colleen Lentz  
**Principal** Karlene Duffy, Lee Kouri  
**Altar Server** Jacqueline Kouri

**I will sing of your salvation**  
(psalm 71)



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## Religious Education

### Depend On God

Classes for Grades K - 7 next meet this week.

**Gr. 7 sessions 2009-2010 (6:30-8 p.m.):** Jan. 11, Feb. 1 & 22, March 8 & 22, April 5

**Gr. 8 sessions 2009-2010 (6:30-8 p.m.):** Jan. 4 & 25, Feb. 8, March 1, 15 & 29, April 12

**2nd Year Confirmation Prep.** I'm still looking for baptism certificates, service logs and classes to be made up. The clock's ticking. Students attending Catholic high schools students begin Conf. Prep. in Feb. of Gr.10.

#### **Year 1 (Gr. 9):**

*4-8 p.m. in the lower church (Mass & dinner included)*

October 4 God the Father	February 7 Scripture
November 1 God the Son	March 7 The Church
December 6 God the Holy Spirit	April 11 The Mass
January 3 Prayer & Spirituality	May 2 Reconciliation

#### **Year 2 (Gr. 10):**

*4-8 p.m. in the lower church (Mass & dinner included)*

Oct. 25 Catholic Church Teaching (Part 1)
Nov. 22 Catholic Church Teaching (Part 2)
Jan. 24 Catholic Morality & The Call to Holiness
Feb. 28 Initiation and The Rite of Confirmation
March 28 Bearing Witness to Christ: Mary & the Saints

#### **Important dates:**

**Confirmation retreats:** March 26 & April 9; 5-10 p.m.

**Confirmation rehearsal:** Sunday, April 25 @ 6 p.m.

**Confirmation 2010:** Saturday, May 1 at 6:00 p.m.

**\*1st Communion retreat:** Sunday, May 2; 12:30 p.m.

\*Students must attend and be accompanied by a parent/grandparent or godparent. The retreat lasts about an hour.

**First Communion 2010:** Saturday, May 8; 10am & m

**May Procession & reception for Confirmandi & First**

**Communicants:** May 9 after the 11 a.m. Mass

**Catholic High School students** will join our next 2nd Year Confirmation Prep. class (4th Sunday of the month; 4-6 p.m.).

**2nd Year Confirmation Prep. students** will be asked to sign up for their Confirmation Retreat at their next class. All Confirmation candidates intending to be confirmed this Spring must attend and participate in one *entire* Confirmation retreat (March 26 or April 9; 5-10 p.m.)

Parents are needed to help with these retreats and can sign up by emailing Ms. Duffy. Again, candidates must attend the **entire** retreat. Space in each retreat is limited. Sign ups done on a first come; first serve basis.

**1st Year Confirmation Candidates and their parents are needed to "help and host"** the 2010 Confirmation Candidate & Sponsor Dinner and Rehearsal on Sunday, April 25, 2010 after the 6 p.m. Mass. (Service hours are earned by doing so. Please email Ms. Duffy if you can help.

This is a great tradition we want very much to continue and can do so only with your help.

## YOUth Ministry

The next **Project Hope & Compassion 2010 meeting** is Sunday, Feb. 14 in the lower church after the 6 p.m. Mass. Interested participants are required to attend monthly meetings (2nd Sunday each month after the 6 p.m. Mass). Parents are always invited to the meetings.

A non refundable \$100 deposit for each participant **was** due Jan. 3. The approximate cost of this Catholic service mission is \$825. Total fees will be due by June 1. Airfare will be booked no later than this date and only for those whose payments have been received.

**Relay for Life of Greater Norwood** is Friday, June 18 - Saturday, June 19 at Turco Field, Walpole High School; that's about 188 days from now. At the request of POWER, our middle school YOUth group, we've signed up a team. It'll be lots work and many hours but what a great gift to see our middle schoolers so enthused about helping others and so willing to give so much.

**Monkeys, frogs and toucans, oh my!** Get ready for an exciting and fun filled Vacation Bible School. It will take place here the 3rd week of August and promises to be our best yet! All children PreK - Gr. 5 are invited to be participants and students Gr. 6 & up are invited to be counselors and junior counselors. Get ready to head to the amazing Amazon Rainforest! Stay tuned for more information...

### **F.A.S.T.**

**God bless** our 13 young parishioners who chose to spend their Saturday night through Sunday morning fasting and praying and serving others. It was a sleepless, profound and prayerful experience. Thanks to all the adults who helped and supported this experiment in understanding poverty. 15 hours of fasting alone was quite an accomplishment; add to that the educational portion, attendance at 2 Masses and the prayerful service and these fine young Catholics become POWERful witnesses to their faith.

**Special thanks** to all who fasted along with us from their homes. It was quite a lift to know how many other parishioners were participating in F.A.S.T. Just a side note, like those who participate in difficult service week a.k.s. Project Hope & Compassion, these 13 disciples "want to do it again". Perhaps a Lenten F.A.S.T.?